

# 和景華人聯誼會 CHINESE ASSOCIATION OF WOKING

## 关于 CCP 组织的活动预告 CCP Notice

2017 年 4 月 18 号 星期二將举行学跳健美操活动,邀请庞老师来教大家跳一套集舞蹈、瑜伽、武术一体的健亦美健身操,欢迎有兴趣朋友参加。让我们一起学跳起来,有益身体健康。

18<sup>th</sup> April 2017 Tuesday: CCP has organised a dancercise session. Dance teacher, Ms Pang, will teach us a dance routine which is a mixture of yoga and martial art. Both members and non-members are welcome to come along.

#### 2017年4月25号星期二將举行美容研讨会:

黄诗程小姐是一位合資格的美容专家,将会给我们一个讲座介绍皮肤护理的概念。这个讲座将涵盖皮肤的重要性和护理,紧随其后的是一个简短的问答环节。然后,她将进行面部按摩演示,以及如何用浅淡化妆把脸打起精神。她可以根据您的皮肤结构和性质,提供您正在使用的任何面部产品的适合性的建议。可以随意自由带個人面部产品一起來。欢迎有兴趣朋友参加。

### 25<sup>th</sup> April 2017 Tuesday: CCP has organised a Skincare Seminar

Miss Annie Cornish, a highly qualified beauty specialist will be giving us a talk on the concept of skin care. The talk, which will cover the importance and care of skin, will be followed by a short Q&A session. Then she will proceed with a facial massage demonstration and how to cheer up the face with light make up. You are all welcome to attend.

**收费**:会员每人两镑,非会员每人三镑。欢迎大家带拿手小菜来聚餐,凡未带美食者,每人多交三镑。

Costs: Member £2 each Non-Members £3 each. Please bring a main course along to share with the group. Those who are unable to bring any food along will either pay an additional £3 per person towards the cost of food provided by CCP.

时间/Time: 10:30am -2:00pm

地点/Venue: Old Woking Community Centre, Sundridge Road, Woking GU22 9AT

#### 联絡人/Contact:

孔繁紅/Fanhong Kong or Adela Shum ccp@cawoking.org.uk or via CCP wechat group